Further reading for "MAN BITES HORSE

1. Cook, W.R. (1999): Pathophysiology of Bit Control in the Horse. *Journal Equine Veterinary Science* 19: 196-204

http://www.bitlessbridle.com/pathophysiology.pdf

2. Jahiel, J (2001): "What is this new Bitless Bridle?" Published online by www.horsecity.com

http://www.bitlessbridle.com/01JahielWhatisthisnewBB.pdf

- 3. Jahiel, J (2001): "Horse Gathering" Online at http://www.bitlessbridle.com/01Jahielonrelease.pdf
- 4. Cook, W.R. (2003): Bit-Induced Pain; a cause of fear, flight, fight and facial neuralgia in the horse. *Pferdeheilkunde*, 19, 1-8
- 5. Cook, W.R. and Strasser, H (2003): "Metal in the Mouth: The Abusive Effects of Bitted Bridles." Sabine Kells, Qualicum Beach, BC Canada
- 6. Cook, W.R. (2008): "Metal, Myth and Equine Misery." Animal Welfare Science, Ethics and Law Veterinary Association Journal, January http://www.bitlessbridle.com/MetalMythEquineMisery.pdf
- 7. Cook, W.R. and Mills, D.S. (2009): "Preliminary study of jointed snaffle vs. crossunder bitless bridles: quantified comparison of behavior in four horses." *Equine Veterinary Journal*, **41**, 827-830 Online at

http://www.bitlessbridle.com/CHAtest-EquineVetJournal.pdf

- 8. Cook, W.R. (2009): "On the bit: a misleading and mischievous phrase." Online at http://www.bitlessbridle.com/on_the_bit.pdf
- 9. Cook, W. R. (2009): Prevention of Accidents to Riders caused by Tack: Feel it, log it, fix it." Online at http://www.bitlessbridle.com/AccidentPrevention.pdf.

For a diagnostic checklist of behavioral and physical signs caused by tack see http://www.bitlessbridle.com/AccidentPreventionChecklist.pdf

- 10. Guillot, M (2009): "The official 2060 Superprix! Fan Guide: the definitive guide to mid-21st century dressage." artinthestix@earthlink.net
- 11. Cook, W.R. (2009): "The sound of laughter: a book review." Online at http://www.bitlessbridle.com/SuperprixReview.pdf
- 12. Natural Horse Magazine Interview (2010) "An apology to the horse after 88 years of pain." Natural Horse Magazine Jan/Feb Online at http://www.bitlessbridle.com/ApologyToTheHorse.pdf
- 13. Astley, J (2010): "Addressing the Bitless Bridle question." Online at http://www.bitlessbridle.com/BritishHorseSociety.pdf
- 14. Examiner.com (2010): "It's 2010 Are you still riding your \horse like a primitive Bronze Age man?" Online at

http://www.examiner.com/article/it-s-2010-are-you-still-riding-your-horse-like-a-primitive-bronze-age-man

- 15. Cook, W.R (2011): "Damage by the bit to the equine interdental space and second lower premolar." *Equine Veterinary Education, 23, 355-360 Online at http://www.bitlessbridle.com/CarleySparksBronzeAge.pdf*
- 16. Hanson, M (2011): "Revealing you hidden horse: a revolutionary approach to understanding your horse." www.hiddenhorses.com
- 17. Eschbach, Andrea and Markus (2011): "Riding Free: Bitless, Bridleless and Bareback." Translated by Julia Welling. Trafalgar Square Books, Pomfret, Vermont
- 18. Cook, W.R. (2011): "New tool benefit denied by an old rule: Rider/horse safety trumped by tradition." Online at http://www.bitlessbridle.com/NewToolOldRule.pdf
- 19. Sparks, C (2012): "Are bits Bronze Age technology?" Horse Sport, June, p52-58 Online at http://www.bitlessbridle.com/CarleySparksBronzeAge.pdf
- 20. Cook, W. R (2013): 'A method for measuring bit-induced pain and distress in the ridden horse." Proceedings of the International Society of Equitation Science Conference. Abstract. Online at
 - http://www.bitlessbridle.com/MEASURING%20BIT-INDUCED%20PAIN2013.pdf Full text available online at

http://www.bitlessbridle.com/14%20MEASUREMENT%20OF%20BIT-

PAIN%20IN%20THE%20RIDDEN%20HORSE%20aevj.pdf

For the ridden behavior ethogram, click the link below

http://www.bitlessbridle.com/14%20Measurement%20of%20Pain%20in%20the%20Ridden%20Horse%20TABLE%20%20I.pdf

- 21. Cook, W.R (2013): "How to be an ethical equestrian." Online at http://www.bitlessbridle.com/index.php?main_page=page&id=35&chapter=1
- 22. Epona.tv staff (2013): "Scared Bitless.' http://epona.tv/blog/2013/december/scared-bitless and- http://www.bitlessbridle.com/index.php?main_page=page&id=35&chapter=1
- 23. Norfolk Horse Training and Equitation Club (2014): "Open letter to British Horse Society (British Dressage) Online at http://www.bitlessbridle.com/NHTECCHOICE.pdf
- 24. Cook, W.R. (2013: "Bitted mouths cause waterlogged and bleeding lungs." http://www.bitlessbridle.com/WaterlogBleeding.pdf
- 25. Cook, W.R. (2014): "Prevention of horse-related accidents." http://www.bitlessbridle.com/14%20PREVENTIONStanitskiletter.pdf
- 26. Cook, W.R. (2014): "A hypothetical etiological relationship between the horse's bit, nasopharyngeal asphyxia and negative pressure pulmonary edema (bleeding)." *Equine Veterinary Education*, **26**, 381-389

http://www.bitlessbridle.com/14EVEAhypotheticalaetiologicalrelationship.pdf

27. Cook, W.R. (2014): "An endoscopic test for bit-induced nasopharyngeal asphyxia as a cause of exercise-induced pulmonary haemorrhage in the horse." *Equine veterinary Journal.* **46**, 256-257

http://www.bitlessbridle.com/14ANENDOSCOPICTEST.pdf

28. Cook, W.R. (2014): "A connection between a bit in a horse's mouth, a throttled throat and waterlogged lungs." *The Horse's Hoof*, **54**,

- 29. Glendell, G (2014): "Open letter to the British Horse Society: welfare and training of equestrians
- 30. Jahiel, Jessica (2014): "Increase comfort, reduce risk: The Bitless Bridle." Fall Equestrian Medical Safety Association Newsletter 2014, pp 5-12 http://emsaonline.net/wp-content/uploads/gravity_forms/1-5f7def01e62df8eee656c247c514b181/2015/01/emsa-news-fall-2014.pdf
 - 31. Allen-LeBlanc, P (2014): "To bit or not to bit, that is the question: why we went bitless." http://www.bitlessbridle.com/ToBitOrNotToBit.pdf
 - 32. <u>Glendell, G (2015): "Another way to train" Your Horse February http://www.bitlessbridle.com/15%20GLENDELL%20Another%20way%20to%20train_</u>395.pdf
 - 33. Cook, W.R. (2015): "One swallow makes a runner." Letters to the editor of the Veterinary Record following an editorial on soft palate dysfunction in horses. http://www.bitlessbridle.com/15ONESWALLOWMAKESARUNNER.pdf